

**Education & Ice Cream** 

## Alzheimer's and Caregiving

Tuesday, July 19, 6:00 p.m.

The book, "Soaring Above Adversity" by local resident, Bill Bugg, is an account of his experiences as the primary caregiver for his wife who passed away after an 18-year struggle with Alzheimer's. This presentation, by Bill, will focus on the six chapters of his book; each presenting a unique topic but collectively presenting what everyone needs to know and accomplish to be at their best whenever they may become a caregiver.

## The Inside Scoop: Education & Ice Cream

3<sup>rd</sup> Tuesday evening of each month

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## **Urbana Senior Center**

9020 Amelung Street, Frederick, MD 21704

(located on the lower level of the Urbana Regional Library)

301-600-7020

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